

F -Tests and Joint Hypothesis Testing

When Individual t -Tests Are Not Enough

Jake Anderson

March 21, 2026

Outline

- 1 Why We Need a New Test
- 2 The F -Test: Restricted vs. Unrestricted Models
- 3 Example: Experience in the Wage Model
- 4 Degrees of Freedom and Common Mistakes
- 5 Testing Overall Model Significance
- 6 More General Restrictions
- 7 Restricted Least Squares
- 8 Putting It All Together
- 9 Summary

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⇒ **No.** The two variables are highly correlated, inflating both standard errors. We need a test that evaluates them **together**.

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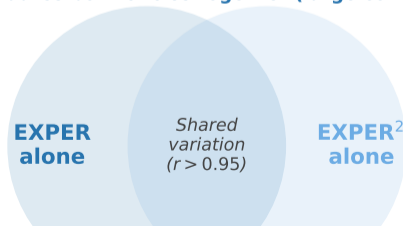
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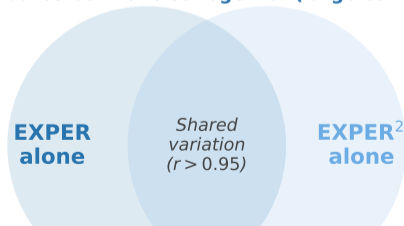
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\implies The question is whether $SSE_R - SSE_U$ is large enough to be **statistically meaningful**, or just sampling noise.

The F -Statistic

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⇒ The numerator measures how much the restrictions **hurt** the fit (per restriction). The denominator is the baseline noise level (per residual degree of freedom).

Reading the F -Statistic

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\implies The F -test is always **one-sided** (right tail only), because $SSE_R \geq SSE_U$ guarantees $F \geq 0$.

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$J = 2$ restrictions. Degrees of freedom: $N - K = 996$.

Computing the F -Statistic

Step 1: Compute F .

$$\begin{aligned} F &= \frac{(SSE_R - SSE_U)/J}{SSE_U/(N - K)} \\ &= \frac{(100,847.00 - 97,882.50) / 2}{97,882.50 / 996} \end{aligned}$$

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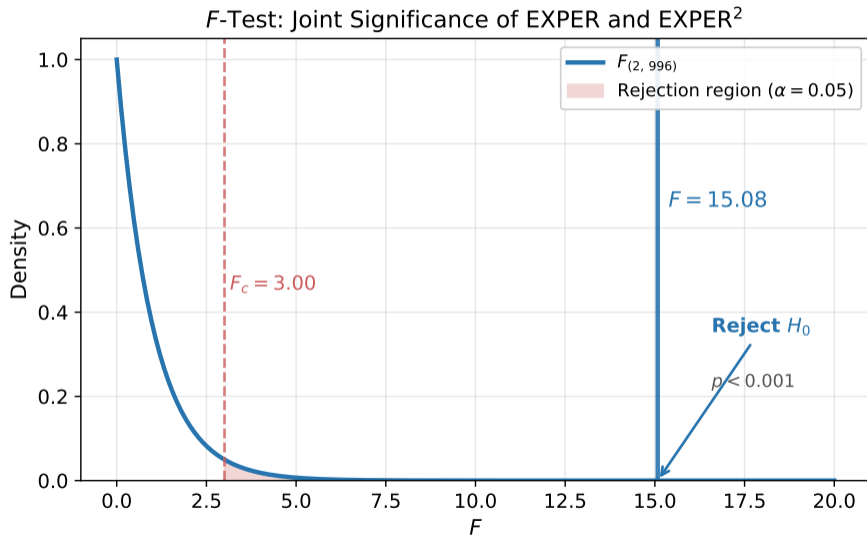
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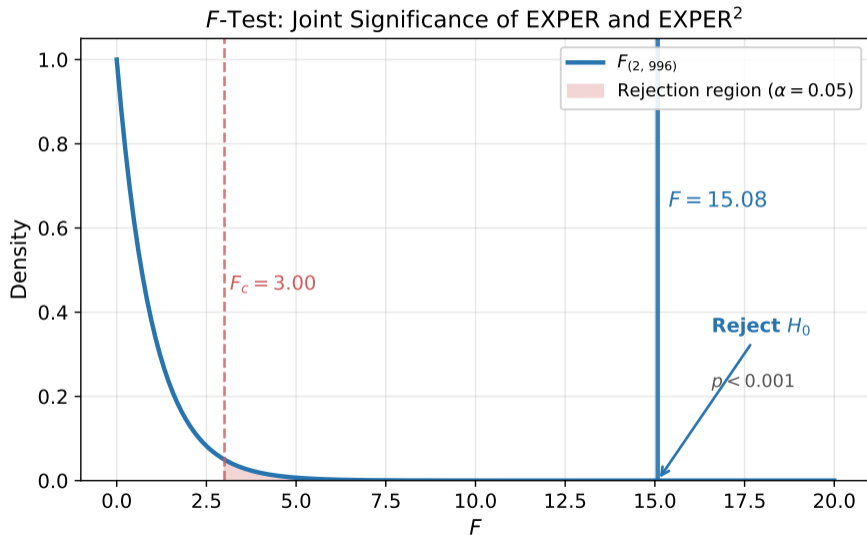
Step 3: Decide.

$15.08 > 3.00 \implies$ **Reject H_0 .** The experience terms are jointly significant.

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\implies Always use the unrestricted model's parameter count for K .

What the F -Test Can and Cannot Do

Capability	t -test	F -test
Single restriction ($J = 1$)	Yes	Yes
Multiple restrictions ($J \geq 2$)	No	Yes
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\implies Use t -tests for single restrictions (they handle one-sided alternatives). Use F -tests for joint restrictions ($J \geq 2$).

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⇒ This is reported automatically by every regression software package as the “overall F -statistic.”

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\implies The overall F -test asks whether the regression mean square is large relative to the residual mean square.

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\implies This is the first thing to check in any regression output. If the overall F -test fails to reject, none of the regressors are jointly significant.

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Beyond “Equals Zero” Restrictions

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\implies This is a single restriction ($J = 1$), but the restriction is **not** “equals zero.” The F -test still works; you just need the SSE_R from the model that imposes $\beta_3 + 3.8\beta_4 = 1$.

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Rearrange to get a standard regression:

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⇒ Run OLS on this transformed equation. Its SSE is SSE_R .

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Since $J = 1$, this is equivalent to a two-sided t -test: $t = \sqrt{0.94} = 0.97$, $t_c = 1.994$. Same conclusion.

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Using Restrictions from Economic Theory

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⇒ OLS on this transformed model gives **restricted least squares** estimates.

Properties of Restricted Least Squares

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\implies Use the F -test to check whether the restriction is supported by the data before relying on restricted estimates.

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\implies Always verify: $SSE_R \geq SSE_U$. If not, you have the models backward.

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⇒ Do **not** rely on individual t -tests alone when variables are correlated. The F -test is the correct tool for groups of variables.

Comparison: The Testing Toolkit

Question	J	Test	Statistic
Is $\beta_k = 0$?	1	t -test	$t = \frac{b_k}{\text{se}(b_k)}$
Is $\beta_k = c$?	1	t -test	$t = \frac{b_k - c}{\text{se}(b_k)}$
Is $c_1\beta_1 + c_2\beta_2 = q$?	1	t -test	$t = \frac{\hat{\lambda} - q}{\text{se}(\hat{\lambda})}$
Are $\beta_3 = 0$ and $\beta_4 = 0$?	2	F -test	$F = \frac{(SSE_R - SSE_U)/J}{SSE_U/(N - K)}$
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Are $\beta_3 = 0$ and $\beta_4 = 0$?	2	F -test	$F = \frac{(SSE_R - SSE_U)/J}{SSE_U/(N - K)}$
Are all slopes = 0?	$K - 1$	F -test	$F = \frac{(SST - SSE)/(K - 1)}{SSE/(N - K)}$

\implies The t -test is for single restrictions. The F -test is for one or more restrictions. When $J = 1$, $F = t^2$.

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5 **Practical rule:**

Before dropping a group of correlated variables, run the F -test. Individual t -tests can mislead when regressors are correlated.

Thank you!
jakeanderson@g.ucla.edu